

# Toronto Kendo Club 18th Annual Summer Kendo Camp



The Toronto Kendo Club's 18th Annual Summer Camp promises to be full of good spirit and fun for all. This year's camp location, we will be around Peterborough for the training and tent camping. Sensei Kimura will be leading us in a weekend of spirit building, practice and development. He will hone basic Kendo principles and skills, as well as, introduce special techniques challenging Kenshi at all levels. Participants can also look forward to the Kendo Games, the 18th Annual Kendo War.

All ages and levels (bogu & non-bogu) are welcome. Non-practicing family members are welcome to attend and take advantage of the other activities/events in the area and share mealtimes with the kendoka.

Space is limited, so please register early. Complete the Registration Form and send by July 26, 2016.

#### Date:

Friday July 31, 2015 to Monday August 3, 2015. - The first keiko is Friday at 7:00 PM.

#### **Training Location:**

Peterborough Sport & Wellness Centre - 775 Brealey Drive, Peterborough Ontario - 705-742-0050 http://www.peterborough.ca/Living/Recreation/PSWC.htm

#### **Camping Accommodations:**

Beavermead Campground - 2011 Ashburnham Drive, Peterborough, Ontario - 705-742-9712 http://www.peterborough.ca/Visiting/Beavermead Campground.htm

Please note this is the Civic Holiday long weekend and extra time should be allotted for the travel. Please see below map for directions Beavermead Campsite.

Check-in is after 4:00 p.m. on the Friday - Check-out is prior to 1:00 p.m. the Monday

#### Meals:

Three meals will be provided each day at the camp as well as an evening snack on Friday July 31, 2015. Please specify any food allergies or dietary restrictions when you register. (Menu TBA)

Registration Fee: Covers all camping & meals.

Pricing Kendo Participants: \$140.00 per person (please indicate if you're sharing a tent)

Pricing for Non-Kendo Participants: \$100.00 per person

For any questions, please contact the following:

**Bill Leong** Tel: 416-445-5860 ext. 422 days (work) 416-658-0718 evenings (home)

Email: bleong@toronto-kendo-club.ca

**Sensei Kimura** Tel: 416-248-8445 (Restaurant) / 905-271-0023 (Home)

## Toronto Kendo Club's 18th Annual Summer Kendo Camp

Registration closes July 26, 2015

Please make cheques payable to: Toronto Kendo Club

CLUB Name:
Contact person: Phone number:

Name		Rank	Phone / Email			
1.						
☐ Have car	☐ Need ride					
Have Tent	☐ Will Share Tent with:					
2.						
☐ Have car	☐ Need ride			_		
☐ Have Tent	☐ Will Share Tent with:					
3.						
☐ Have car	☐ Need ride					
☐ Have Tent	☐ Will Share Tent with:					
4.						
☐ Have car	☐ Need ride					
☐ Have Tent	☐ Will Share Tent with:					
Comments / Dietary restrictions:						

If you're planning to arrive on the Friday before 5:30 PM, please indicate if you would like a light dinner before the keiko.

Email: bill.leong@toronto-kendo-club.ca

Tel: 416-445-5860 ext. 422 days (work)

416-658-0718 (evenings)

For More info & Updates: http://www.toronto-kendo-club.ca/

Mail to: TKC Kendo Camp 2015

c/o Bill Leong 11 Crang Ave.

Toronto, ON, M6E 2Z8

### Suggested Items to Pack for Kendo Camp

The Kendo Camp will take place at Beavermead Campground. Please bring a tent or share with another kendoka. Don't forget to bring a sleeping bag. The camp spot we're using does not have electricity. So think about charging devices at the training facility. Cars can enter to off load stuff then must be moved to the parking lot. We are going to be there for 3 nights, so you will need to bring extra changes of clothes, extra undergarments, comfortable warm up clothes, and a sweater or jacket for the evenings.

Since this IS a kendo camp, be sure to remember your shinia (Including spares, repair tools, and other bits and bobs you might need), bokken, bogu, keikogi (and a spare if you have it), hakama, and at least 2 tenugui. Bring items to hang up your keikogi to air out & dry.

We will be doing some early morning warm-ups, so bring a pair of running shoes and water bottle. With 3 days of kendo, you may get blisters, so bring along some tape and a first aid kit.

We will also be doing regular entertainment activities, so prepared to entertain and be entertained.

#### **Tentative Schedule**

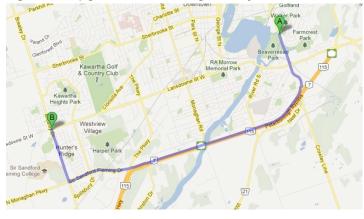
Friday	Saturday	Sunday	Monday
7:00 PM Evening Keiko	Early AM Warm-Ups	Early AM Warm-Ups	Early AM Warm-Ups
9:30 PM Evening Ramen	9:30 AM -12:00 PM	9:30 AM -12:00 PM	9:00 AM Pack-up
	Kendo training	Kendo training	10:00 AM Kendo Games
	2:30-5:00 PM Kendo training & Kata	2:30-5:00 PM Kendo training & Kata	11:00 – 12:00 PM Farewell BBQ

Items to pack for Kendo Camp Short List

PERSONAL ITEMS	Other Personal items	KENDO ITEMS
tooth brush & tooth paste / dental floss	personal medicine / tylenol	running shoes
shampoo / soap	one roll toilet tissue; in ziplock bag	water bottle
wash cloth (if you use one) / towel	4 changes of clothes	bogu (bring extra kote if you have
deodorant	fresh undergarments	them, and spare himo)
misc hair products	bathing suit (we are near a lake)	keikogi (plus a spare if you have it)
sun screen	jacket or sweater	hakama
insect repellent	sleeping bag	bokken
		shinai (plus spares & fix tools)

#### Directions from Toronto to Peterborough & Campground to Training Facility





Check the websites for more info about the Gym Facilities and the Campground:

Training Location: http://www.peterborough.ca/Living/Recreation/PSWC.htm

Camping Accommodations: http://www.peterborough.ca/Visiting/Beavermead Campground.htm